

# Management of convergence excess esotropia with different optical approach

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Recommendations

PALS

Treatment options

Definitions

Convergence excess esotropia is an uncommon entity of esotropia associated with increase deviation for near as compared to distance and was first described by Donders in 1864.

Introduction

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An acceptable definition of convergence excess esotropia would therefore be a convergent squint which is more than 8 PD greater for near fixation than distance fixation after full hypermetropic correction. Some reserve the definition for patients who are orthophoric (or have a well controlled esophoria) for distance fixation but are esotropic for near.

Definitions

Introduction

Recommendations

PALS

1

Executive  
Bifocals

2

"D" Bifocals

3

Progressive  
Lenses

4

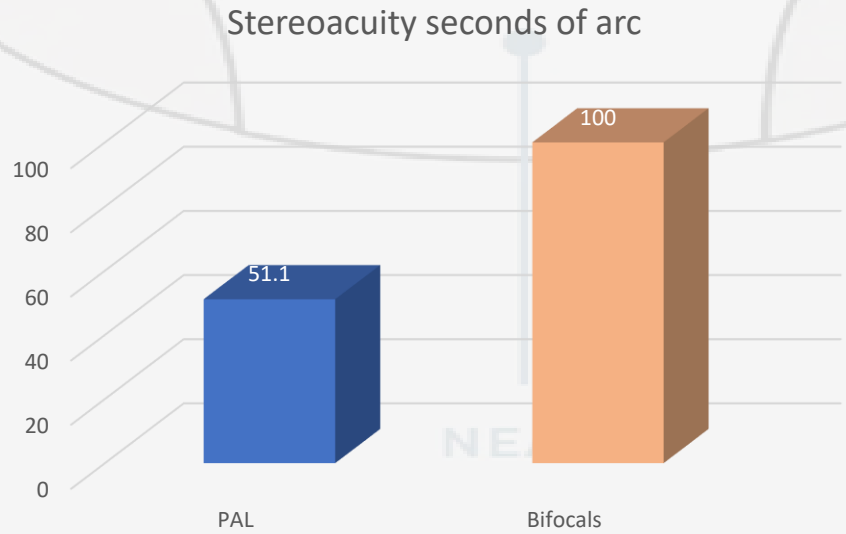
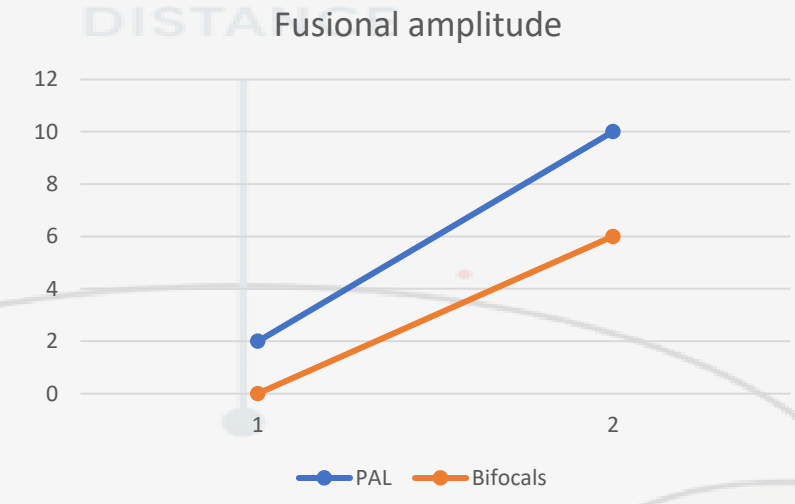
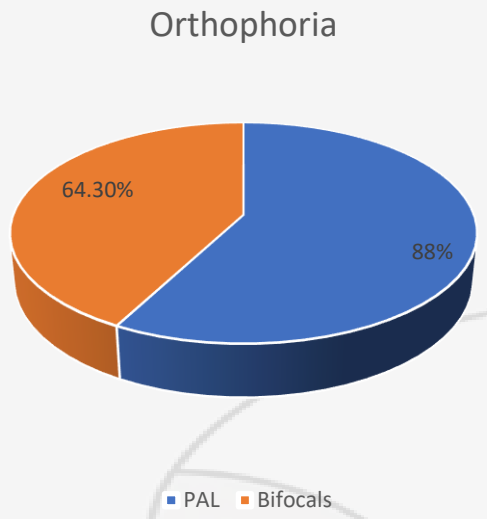
Surgery (BMR  
recession)

Treatment options

Definitions

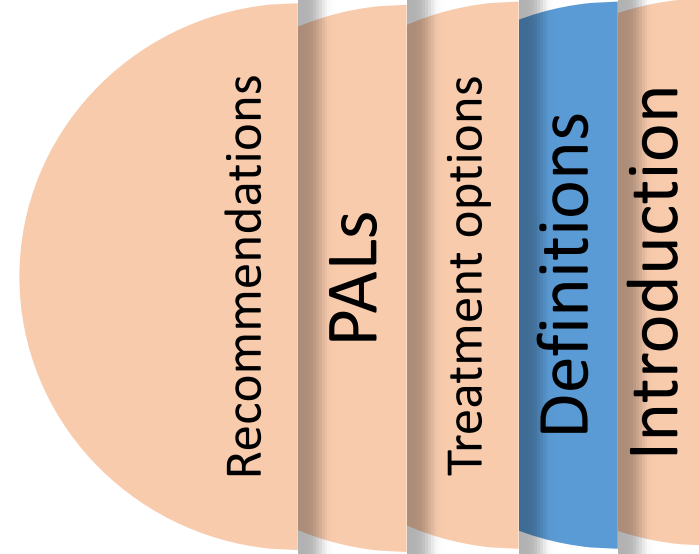
Introduction

Recommendations



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- Definitions
- Introduction

- Always opt for a square shaped frame
- Prescribe a quarter of cylinder even in spherical prescription
- Check for Distance PD and Near PD (Lens meter with PD check)



# Thank you

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